Stories from Small Towns is a project of the National Physical Activity Society. The objective of the project is to demonstrate that structural changes to make walking easier can be carried out in America’s thousands of small towns and not just its big cities. The project focuses on advice from towns that have made some changes, with the aim of inspiring town leaders across the country to see such infrastructure investments as possible and worthy.

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The mission of the National Physical Activity Society is to create safe and accessible communities, where people of all ages and abilities are physically active, by taking deliberate and informed actions across all sectors of society.

For more information, visit the National Physical Activity Society’s web site at http://physicalactivitysociety.org/

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